

# BUILDING YOUR CORE STORIES



Use the prompts below to build your four core stories.

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| <p><b>MY POTTED HISTORY</b></p> <p>How I became who I am today</p> | <ul style="list-style-type: none"><li>• <b>Act One:</b> The Past (Where I've come from and who I was)</li><li>• <b>Act Two:</b> The Present (Where I am now and who I am)</li><li>• <b>Act Three:</b> The Future (Where I'm heading to and who I want to be)</li></ul> |
| <p><b>ONE MINUTE ON ME</b></p> <p>The Elevator Pitch</p>           | <ul style="list-style-type: none"><li>• What I do and why I do it</li><li>• What opportunities I'm after</li></ul>   |
| <p><b>FUTURE FANTASY</b></p> <p>Where I'm heading</p>              | <ul style="list-style-type: none"><li>• What I want the future to look / sound / feel like</li><li>• How I plan to get there</li><li>• What support I need to make it happen</li></ul>   |
| <p><b>DEEP DIVE</b></p> <p>AKA Me 101</p>                          | <ul style="list-style-type: none"><li>• More life related stuff</li><li>• My values and beliefs (see more on Values in Chapter 3)</li><li>• My strengths and what I've learnt</li><li>• What I'm working on</li></ul>  |

## MY POTTED HISTORY

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## ONE MINUTE ON ME

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## FUTURE FANTASY

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## DEEP DIVE

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