

The be-your-own-role-model checklist

Sure, some role models have a certain je ne sais quoi – a kind of quality that you can't quite put your finger on. They just exude a vibe that makes everyone get along and bring their A game. But in general, I do think most role models have some clear cut attributes. So if you're surrounded by blah bosses and moodhoover colleagues and you're interested in being your own role model (because you should be; we all should be) start ticking your way through this checklist.

- You care about those you work with**
And not just their work – about them as a person.
- You are invested in your own career and success**
No one knows where you're heading better than you, babe.
- You treat yourself with kindness and non-judgement**
Just as you don't berate others.
- You learn from your mistakes and look to improve**
Stuff goes wrong. Assess it, learn from it, then move on.
- You recognise and record your own achievements**
I'm still a fan of the personal brag book.
- You're clear about your expectations, standards and boundaries**
So many great bosses do this well. Do it too.
- You ask for support when you need it**
Assemble a first-rate squad who will always have your back.

Remember: these aren't a one-and-done kind of actions, but behaviours to bake into your way of being. So do them, then do them again, and again, until they are less what you do and more, who you are. A role model. Yas!

Reflection question

- Which of these behaviours do you display regularly?
- Which do you need to work on, and how will you go about doing that?