

# MAPPING YOUR CAREER MOVES



List all your job roles in the first column, followed by the things that brought you joy in each role. Then choose one of the types of career move from the list below to define how you got into that role. For a full description of each move type, refer back to the book.

*Selectively Sideways*

*Tactical Trip*

*Long Haul Ladder*

*Executive Escalator*

*Deep Dive*

*Grounded Growth*

*Active Adventure*

|                   | JOB ROLE | THE THINGS THAT BROUGHT ME JOY... | CAREER MOVE TYPE |
|-------------------|----------|-----------------------------------|------------------|
| My first role     |          |                                   |                  |
| Then I...         |          |                                   |                  |
| Following that... |          |                                   |                  |
| Etc               |          |                                   |                  |
| Etc               |          |                                   |                  |
| Etc               |          |                                   |                  |
| Etc               |          |                                   |                  |
| Now I'm...        |          |                                   |                  |